

September

Friday Evening Lecture

Balancing Heaven and Earth

Date: September 10, 2010 7:30 – 9:30 p.m.

Presenter: Jerry Ruhl, Ph.D.

Location: St. Thomas Episcopal Church,

Inwood at Mockingbird

\$20.00 non-members (wine and cheese reception)

How should we balance the inner and the outer, the masculine and the feminine, the eternal and the everyday? In struggling with goals and duties, how do we also attend to the workings of destiny and the cosmos?

Using a three-thousand-year-old story from India, *The Ramayana*, as guide, this talk explores the Eastern genius for the development of consciousness. Each of the characters in this individuation tale represents a part of the human psyche—all of which must be dealt with during the journey of life. This story takes a very different approach to the feminine and to evil than individuation stories in the West, and provides unique insights about living through a time when cultural traditions and values seem to be breaking down.

Saturday Workshop

Individuation, Jung, and Eastern Thought

Date: September 11, 2010 9:30 a.m. – noon

Presenter: Jerry Ruhl, Ph.D.

Location: St. Thomas Episcopal Church

\$40.00 non-members (coffee and rolls provided)

Inner work did not begin with Jung; it has rich traditions in India and the Far East. In this workshop we will compare Jungian ideas about individuation with Eastern traditions. Dr. Ruhl will present practical techniques for quieting the mind's constant chatter and talking back to dysfunctional mental patterns that keep us stuck. Other topics will include psychological inflation versus enlightenment, the myth of meaning, and the wisdom of uncertainty and insecurity.

Jerry M. Ruhl, Ph.D., is Executive Director of the C.G. Jung Educational Center of Houston and a clinical psychologist in private practice. He has studied spiritual practices in Japan, Bali, Thailand, Nepal, and India. With internationally known Jungian analyst Robert A. Johnson, he is the co-author of Balancing Heaven and Earth (1998), Contentment (1999), and Living Your Unlived Life. Dr. Ruhl received a master's degree from the University of Colorado at Boulder and a Ph.D. in clinical psychology from Pacifica Graduate Institute. He was formerly a trustee for the C. G. Jung Society of Colorado

October

Friday Evening Lecture

An Individuation Process in the Sandplay of a Hospice Patient with ALS

Date: October 8, 2010 7:30 – 9:30 p.m.

Presenter: Jacquelyn Kelley, LCSW, CST-T

Location: St. Thomas Episcopal Church,

Inwood at Mockingbird

\$20.00 non-members (wine and cheese reception)

Jungian Sandplay as developed by Dora M. Kalf is a nonverbal therapeutic process based on the psychology of C. G. Jung. The contents of the psyche and the path to individuation, as understood in Jungian psychology, become visible in the symbolic expression of the sandplay.

The lecture will recount how, through a combination of treatments addressing physical, emotional, and spiritual concerns, an ALS patient was able to connect with her Self and receive a "healing of her soul." Her treatment included pain and symptom management, individual and joint counseling, participation in a sandplay process, and floor games with her spouse. Her sandplay photos will show us a process of individuation as described by C. G. Jung, and, in her words, the "miracle healing of the soul" that allowed her to face her death in peace.

Saturday Workshop

Floor Games: A Complement to Sandplay

Therapy Using Symbols and Imagination

Date: October 9, 2010 9:30 a.m. – noon

Presenter: Jacquelyn Kelley, LCSW, CST-T

Location: St. Thomas Episcopal Church

\$40.00 non-members (coffee and rolls provided)

"Floor games" is an interactive, creative fantasy that allows one to imagine change and the magic of transformation. Creating a safe place by use of relationship, this patient with ALS and her husband completed three floor games.

Following presentation of their floor game sessions, participants will have the opportunity to experience floor games in small groups. Individuals will choose objects (miniature figures) to use in creating a "Once upon a time . . ." story with others in the group. Processing will be completed with the entire group.

Jacquelyn Kelley, LCSW, CST-T, is a clinical licensed social worker in private practice in Plano and Director of Social Services at Autumn Journey Hospice in Dallas. She is a teaching member of Sandplay Therapists of America and International Society for Sandplay Therapy who has been practicing sandplay therapy for 26 years. She is a founding member of Minnesota Sandplay Therapy Group and a board member for Texas Sandplay Society and C.G. Jung

November

Friday Evening Lecture

The Devil Made Me Do It: An Introduction to Jung's Theory of Complexes

Date: November 12, 2010 7:30 – 9:30 p.m.

Presenter: Anna Guerra, JD, MA, LPC

Location: St. Thomas Episcopal Church,
Inwood at Mockingbird

\$20.00 non-members (wine and cheese reception)

We've all had instances when we've said to ourselves, "what the devil got into me," times when we've felt "not myself." In times past, complexes were often experienced as some sort of demon or spirit "possession." What is this phenomenon and what is a complex?

Jung's concept of the complex has become a part of our everyday language. We've all heard of the Oedipus complex, the inferiority complex, and the mother complex, but what do these ideas really mean? Jung placed great importance on the notion of the complex, which he referred to as "the architect of dreams" and "the via regia" (royal road) to the unconscious.

Psychotherapist Anna Guerra will explore this basic, important concept through the use of film and through an intuitive appeal to our everyday understanding and experience.

Saturday Workshop

Complexes in Our Everyday Life

Date: November 13, 2010 9:30 a.m. – noon

Presenter: Anna Guerra, JD, MA, LPC

Location: St. Thomas Episcopal Church

\$40.00 non-members (coffee and rolls provided)

This morning's workshop will delve more deeply into Jung's theory of complexes, emerging with a sense of how they appear in our everyday lives. The workshop will include

lecture, film, and discussion towards furthering our understanding of what complexes are, their impact, and how we might identify and work with them.

Anna Guerra, JD, MA, LPC, is a psychotherapist in private practice in Houston, Texas, working primarily with an analytic focus. She is a frequent lecturer/teacher at the Jung Center of Houston, recently teaching their 2-year extensive introduction to Jung and analytical psychology. She is especially interested in Jung's technique of Active Imagination and the role of imagination in healing. In addition to individual psychotherapy, she offers a weekly active imagination group. Ms. Guerra holds degrees in philosophy, law, and clinical psychology. She is currently a candidate-in-training to become a Jungian analyst with the Inter-Regional Society of Jungian Analysts.