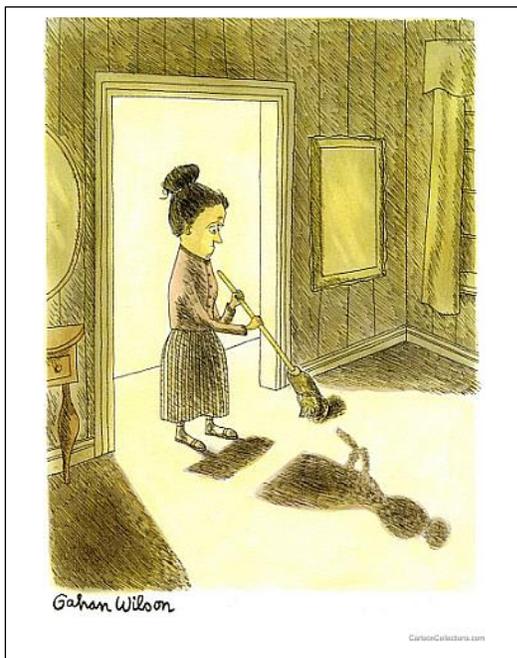




One does not become enlightened by imagining figures of light, but by making the darkness conscious. Carl Jung

WHAT CAN YOU DO WITH YOUR SHADOW?



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Gahan Wilson, a cartoonist with a rather dark oeuvre, recently passed away. A known devotee of the writings of Carl Jung, his lifetime of art expressed certain insights into the repressed and/or hidden parts of the Self which analytical psychologists call the Shadow. Wilson's work was funny only if you like impossible disturbances of the space-time continuum or the shock of people suddenly confronted by grotesque monsters (in which case, you may have some internal work to do). For students of Jung, some of these cartoons might well be depicting odd or disturbing dreams.

The woman in this panel is clearly perplexed that she has swept part of her shadow into the light. In dream interpretation, we see disturbing and outlandish

images as potentially archetypal and opportunities to gain insight into the Shadow contents of our Psyche.

This spring, we will have the opportunity to sweep a little light into our own shadows as we enjoy James Hollis exploring the Seven Deadly Sins through the lens of depth psychology. In March, Patrick Mahaffey will enlighten us with a comparison of Jung's journey toward wholeness or individuation with the raised consciousness of contemplative yoga. Our relationship with our own unconscious will be assisted in April when Linda Sprague talks to us about breaking the spell and freeing up additional archetypes which dwell in our personal and, perhaps, collective unconscious. Our spring program will conclude in May with Jeremy Braun suggesting ways to court the unconscious by marrying a numen -- an idea which is both magically entrancing and a source of psychic energy.

As a special event this spring, the Society will conduct a live auction of a complete set of Jung's Collected Works, currently projected for the morning of February 8, 2020, during our Dr. Hollis weekend. Watch our web site for further details.

Please join us this spring and let our programs be your metaphorical broom.

Sincerely,

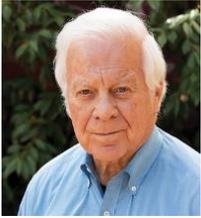
Charles Anderson
President,
C.G. Jung Society of North Texas



To Contact the C.G. Jung Society of North Texas:
email: jung@jungdallas.org
snail mail: P.O. Box 12060, Dallas, TX 75225

All programs are located at The Episcopal Church of St. Thomas the Apostle

6525 Inwood Road at Mockingbird Lane in Dallas, Texas
 Enter the parking lot from Inwood. Follow signs to Parish Hall



FRIDAY EVENING PRESENTATION
FEBRUARY 7, 2020, 7:30-9:30 PM
 \$20.00 Non-Member, \$10.00 Student
 Registration begins at 7:00PM
 Wine and cheese reception follows

James Hollis, Ph.D.

Missing the Mark: The Seven Deadly Sins Viewed Through the Lens of Depth Psychology The word "sin" came originally from an archery term that meant "missing the target," and implied such errant aim arose more from inescapable human limitation than malevolence. This program will explore these most human of experiences - pride, envy, gluttony, lust, anger, greed, sloth - through the lens of analytic psychology, and explore their causes, mechanisms, self-defeating consequences, and their continuing, contemporary challenges to us.

SATURDAY MORNING WORKSHOP
FEBRUARY 8, 2020, 9:30AM-12NOON
 \$40.00 Non-Member, \$10.00 Student
 Registration begins at 9:15 AM
 Complimentary continental breakfast

PORTRAITS in PATHOLOGY Given that "psychopathology" translates as "the expression of the suffering of the soul," what are the generative forces that produce pathology? What are some examples of common pathologic states? What are our reflexive protections against pathology? What are the challenges of living in a pathogenic world and with a pathologized soul? We will analyze three "cases" drawn from modern literature and then examine our own anxiety management systems.

JAMES HOLLIS, Ph.D. is a Zurich-trained Jungian analyst practicing in Washington, D.C., and author of sixteen books, the latest being "Living an Examined Life," and the forthcoming, "Living Between Worlds: Finding Personal Resilience in Changing Times."
<https://www.jameshollis.net/welcome.html>



FRIDAY EVENING PRESENTATION
MARCH 13, 2020, 7:30-9:30 PM
 \$20.00 Non-Member, \$10.00 Student
 Registration begins at 7:00PM
 Wine and cheese reception follows

Patrick Mahaffey, Ph.D.

Integrative Spirituality: Conjoining Depth Psychological and Contemplative Modes of Inner Work The deepest purpose of human existence has been described by many seekers as Self-realization. This phrase has different meanings, and we will explore two of them in depth. One of these is prominent in Jung's depth psychology (individuation) and the other in Eastern contemplative traditions (awakening). This presentation investigates how they may be integrated in a way that conjoins soul and spirit, wholeness and freedom, and Western and Eastern modes of inner work.

SATURDAY MORNING WORKSHOP
March 14, 2020, 9:30AM-12NOON
 \$40.00 Non-Member, \$10.00 Student
 Registration begins at 9:15 AM
 Complimentary continental breakfast

PRACTICES for INTEGRATING JUNGIAN DEPTH PSYCHOLOGY and CONTEMPLATIVE YOGA

Depth psychological work is a journey towards greater wholeness. A person circumambulates one's life history as a means of understanding and integrating the contents of the psyche. Contemplative work detaches from psychic content in order to discover who one is independent of history, gender, age, and conditioned aspects of the personality. We will explore how to combine both modes via attention to practices that integrate psychological, relational, and contemplative aspects of life.

Dr. Patrick Mahaffey, Associate Chair of the Mythological Studies Program at Pacifica Graduate Institute, teaches Hinduism, Buddhism, and depth psychology and the sacred. He is a long-term practitioner of contemplative yoga and the author of "Integrative Spirituality: Religious Pluralism, Individuation, and Awakening." (2018)
<https://www.pacifica.edu/faculty/patrick-mahaffey/>

***** **CONTINUING EDUCATION UNITS** *****

C.G. Jung Society of North Texas provides attendance certificates at lectures and workshops accepted as proof of CEUs by the Texas State Board of Social Worker Examiners, the Texas State Board of Licensed Professional Counselors, and the Texas Board of Examiners of Marriage and Family Therapists. Sign in to obtain an evaluation form before each program. Return completed form at the end of each session to receive your certificate.

JUNG BOOK CLUB: Jung Book Club meets monthly 1st and 3rd Tuesdays at 11:30AM in the Library of the First Unitarian Church of Dallas, 4015 Normandy Ave. (Preston at Normandy). **Contact Charles R. Anderson by email charlesranderson@yahoo.com for info.**

All programs are located at The Episcopal Church of St. Thomas the Apostle

6525 Inwood Road at Mockingbird Lane in Dallas, Texas
 Enter the parking lot from Inwood. Follow signs to Parish Hall

**FRIDAY EVENING PRESENTATION****APRIL 3, 2020, 7:30-9:30 PM****\$20 Non-Member, \$10 Student****Registration begins at 7:00 PM***Wine and cheese reception follows***LINDA SPRAGUE, M.A.****Beauty and the Beast: Jung and the Sacred Feminine**

"Beauty and the Beast," a story written in 1740, is a metaphor for the anima-animaus tangle. Thanks to Jung we have come to understand that each of us is both the maiden and the spellbound beast in this folk tale. Jung gave us profound tools for connecting with the Self, other people, and the collective. We will discuss those and explore how Jung and his descendants became catalysts for remembering the sacred feminine. The more the feminine awakens, the more the masculine has permission to claim its healthy anima.

SATURDAY MORNING WORKSHOP**April 4, 2020, 9:30AM-12NOON****\$40.00 Non-Member, \$10.00 Student****Registration begins at 9:15 AM***Complimentary continental breakfast*

Breaking the Spell Each of us is a Beauty and each of us is a Beast. Through visual imagery, conversation and sharing with each other, we will break the spells that keep us bound to limited beliefs and behaviors. We are more than one archetype and deserve to live without negative entrapments.

LINDA SPRAGUE, M.A., received her Master's degree from the Folklore Institute, Indiana University Bloomington. She maintains a 30-year private practice that includes SoulCPR (healing for difficult life events) and Gateways to Synchronicity (Astrology and Tarot). Linda is certified in Trauma Relief and Recovery, and the Myers Briggs Typology Indicator. She has led many workshops, including Women's Moon Gathering events at Dallas Yoga Center. Contact Linda by email at stardoor@sbcglobal.net

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Donna Cozort, PhD, IAAP

Nicholas French, PhD, IAAP

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Carol Tripp Smith, LPC, IAAP

Cheryl Soignier, LCSW, IAAP

Suzanne Hales, LPC, LMFT, EdD, IAAP - (Liaison to the board of the C.G. Jung Society of North Texas.)

**FRIDAY EVENING PRESENTATION****MAY 1, 2020, 7:30-9:30 PM****\$20 Non-Member, \$10 Student****Registration begins at 7:00 PM***Wine and cheese reception follows***JEROME BRAUN, M.A., LMFT****Courting the Unconscious to Marry the Numen: Grace, Numinous Experiences & Jungian Psychology**

"...the numinosum, ...a dynamic agency or effect not caused by an arbitrary act of will. ...seizes and controls the human subject, who is always rather its victim than its creator. ...is an experience of the subject independent of his will...a quality belonging to a visible object or the influence of an invisible presence that causes a peculiar alteration of consciousness." Jung, CW 11, par6

Overview of the Numinous through a Jungian Lens

Jung's writings give us invaluable guidance for development of a dialectic relationship with the unconscious and ideas about what he called the *numinosum*. Finding one's way into numinous experiences requires setting aside an over-valued rational state of mind. Cultivating an orientation to witness personal manifestations of the living unconscious can be a precursor and psychopomp, creating conscious union with numinous forces rising out of one's personal unconscious.

SATURDAY MORNING WORKSHOP**May 2, 2020, 9:30AM-12NOON****\$40.00 Non-Member, \$10.00 Student****Registration begins at 9:15 AM***Complimentary continental breakfast***Exercises for the Intentional Quest for Numinous Experiences**

These exercises will include the role of meditation and witnessing consciousness, your personal myth of numinous experiences, cultivation of peak experiences to allow receptivity of the numen through intentional vulnerability, such as in a personal relationship, nature, or through the function of your tertiary typology, and an exercise of Dyadic Active Imagination.

JEROME BRAUN, M.A., LMFT is a bilingual

(Spanish/English) Jungian psychoanalyst practicing in San Francisco. He developed and managed a treatment program for Spanish-speaking perpetrators of incest and their families. Jerome trained at the Jung Institute in Kusnacht and has presented on Jungian psychology in the Bay Area, Europe, South Korea, and Peru. He has studied comparative religions for more than 30 years and has maintained an ongoing meditation practice since 1984. Consciousness studies have been a predominant interest for him since the early 1980s.

Jung Society of North Texas

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Membership Type	Fee	Lectures	Workshops
Friend of Jung*	\$250	Free + guest	Free + guest
Member	\$50	\$15	\$35
Student (current student ID)	no	\$10	\$10
Non-member		\$20	\$40

*Thank you to all who support the Jung Society at the Friend of Jung level. We depend on this type of support to help us provide insightful, inspiring programs. To show our appreciation, we encourage you to bring a guest for free to lectures and workshops.

